

2023 Global Intercultural Circle Retreat

Sunday, August 13- Sunday, August 20th

Location: Pacific Northwest -- Puget Sound - Olympic Peninsula

Deepening Understanding of Intercultural Dynamics in the Pacific NW

Global Intercultural Dynamics. Every region of the U.S has historical cultural influences and more recent cultural influences that contribute to the intercultural dynamics in that region. We will explore some of the unique historical and contemporary forces which shape the cultural undercurrents of the Puget Sound region of the state of Washington. The Puget Sound is the large inlet of salt water upon which the city of Seattle sits and which creates the Kitsap Peninsula, multiple islands, and further west the Olympic Peninsula. From a ferry on the Puget Sound, one can look west towards the Olympic mountains, east towards the Cascade mountains, northeast towards snow-covered Mount Baker, and southeast towards the majestic Mount Rainier. This landscape has beamed to and shaped the multiple peoples of this place. We hope with this retreat to help ground us in this place of majestic beauty and become further acquainted with some of the peoples who have come to call this space their home. Among the places, spaces and cultural traditions we hope to learn more about include:

- Heronswood Garden, Port Gamble S'klallam Tribe
- Sequim, Jamestown S'klallam Tribe
- Neah Bay, Makkah whaling culture, Museum
- Bainbridge Island Indipino culture

Suggestions In Preparation for the change

Readings: Selection of readings connected to the cultural explorations we anticipate:

***Native Peoples of the Olympic Peninsula : Who We Are by the Olympic Peninsula Intertribal Cultural Advisory Committee

- Native Seattle: Histories From the Crossing-Over Place by Col Thrusch
- Chief Seattle: and the Town that Took his Name: The change of worlds for the native people and settlers on Puget Sound by David M.Buerge
- Folk Tales of the Coast Salish Collected and edited by Thelma Adamson
- **Seattle from the Margins: Exclusion, Erasure, and the making of a West Coast City by Meghan Asaka
 - Chapter 5- Bainbridge and relationship of Japanese, Filipino men and Squamish women
- *West of Here: A Novel by Jonathan Evison
- Lawn Boy: A Novel by Jonathan Evison
- The Sentence by Louise Erdrich

Everyone should read Native Peoples of the Olympic Peninsula - chapters on The S'klallam and Makah. We will be visiting all three of the S'klallam tribal centers, with the most time at Port Gamble. The Makah tribe live at Neah Bay, and manage the Hobuck

Beach Cabins on the Pacific Coast, where we will stay over night. The Squaxin tribe chapter includes the origins of the Native Shaker Church, which is referred to in Jonathan Evison's novel "West of Here"

The stars indicate my recommendations for reading in order, Three stars a must, then two stars, especially chapter 5, and West of Here. The other books are good, but more background. I do not know who put the Erdrich book on the list...I love her books, but she is a midwest writer.

The PLAY: "The Council" by William S, Yellow Robe from Where the Pavement Ends: five Native American plays. Please read ahead of time!

Prepare an intercultural narrative following the prompt provided in the agenda for Sunday night. This narrative should take you no longer than ten minutes to read/tell and discuss with group.

Locate copies of the recipe(s) and any particularly hard to find spices or sauce ingredients for the meal(s) you are taking the lead in cooking for the group. -- ***Bring along recipes from last year and this year to be brought together into a recipe book (Katharine)***

Personal Items to be sure to pack.

- Meaningful item that symbolizes your intention for intercultural growth
- Songbook, music, journal, art pad for expressing yourself, drawing instrument of choice.
- Washcloth, hand towel, beach towel, clothes, swimming suit, walking/hiking shoes
- Critical medicines, insurance information, medical professional contact information.
- Yoga mat
- ***A smaller bag that you can bring for our travels to Sequim and Neah Bay that can carry clothing changes for two days and your toiletry kit.***

Arrival into Sea-Tac airport -- Optimal Flight Arrival time is 12:00.

SeaTac airport is south of Seattle. There is Light rail public transportation from SeaTac to the center of Seattle which takes about 45 minutes. Take the University stop of the light rail. It is about a 6 block / 10 minute walk to the ferry terminal which is located at the foot of Marion.

Washington State Ferries Bainbridge Island [Ferry Schedule - Seattle - Bainbridge](#) The ferry runs every 50 minutes or so. The ferry offloads onto one side of Bainbridge Island and then we will need to travel north across Bainbridge and over a bridge to the Kitsap Peninsula (25 minute drive) where Adele's home is located.

Kitsap Transit Fast Ferry to Kingston - Seattle, is available for walk-on passengers during commuter hours in the morning and afternoon. Pick-up in Kingston is a 15 minute drive

Travel Plans

National Participants Contact Information

Local Participants Contact Information;

Dietary Restrictions / Allergies / Critical Medications 38 or Medical Information.

Emergency Contacts:

Proposed Schedule

Prelude: Sunday August 13 - Travel & Opening

Theme: The Transformative Potential for Global Intercultural Relationships

5:00 – 6:30 pm -- Opening Dinner (Adele and David lead chefs)

Meal of Place Goeduck Chowder, Green Salad, Sourdough Bread, Berry Cobbler

6:30 - 7:30 pm -- Opening Session.

Our Spirit of Entry and Intention Setting for our Time Together [Leads - Christa & Adele]

- Our Mission: We gather to share our intercultural journeys, to advance our well-being and creative expression, and to support each other in facilitating intercultural
- Setting of Intention and Creating *our Space -- Altar*
 - Shall we be seated so we can see and hear each other.
 - Invitation to place an object in the middle to remind us we are setting our words in neutral space. Nobody has to pick them up; we can listen without agreeing.
- Song of Welcome (10 -15 minutes) Adele
- Art Experience (15 minutes) Mary Ellen
- Prep for Environmental Workshop (10 minutes) Katherine

7:30 - 9:00 The Transformative Potential of Global Intercultural Relationships

[Lead Facilitators - Nathalie & Judy] This next chapter of our Global Intercultural Narratives is intended to offer another opportunity to share our journeys. The suggested prompt for this year's narrative retreat is the following:

Describe an experience when the knowledge you have about other cultures helped you resolve a problem you faced in your home culture.

Or share an experience or challenge you are currently dealing with that might be resolved by applying the values and behaviors of people from other cultures which you are familiar with.

Or describe how your life is impacted by other cultures at this point in your life.

Be as specific as possible.

Global Intercultural Narrative Sharing - Participants will share their Global Intercultural Narratives with the whole group, after which the facilitator will lead the groups in a discussion of the narratives and the common themes that came up across them.

Reminders of our agreements.

- The narrative belongs to the speaker and will not be shared without permission.
- We will practice listening to each other with curiosity rather than judgment
- We will take pauses to breathe, recenter ourselves, call ourselves back to our intention
- Our intention is to bear witness to the stories of defining events in our lives that have been at the core of our "intercultural journey -- in all of our diversity.

Day 1 - Monday August 14 in Kitsap - Workshop with Guests

7:00 - 8:00 Morning Stretch

8:00 - 9:00 Breakfast : Bagels, cream cheese and Lox, Fruit, Coffee & Tea

Variety of breakfast foods on hand that can be available on a rotation or each day- yogurt and granola, bagels and cream cheese, muffins and cottage cheese, sausage patties and toast served with juice, coffee or Tea each morning. Fruit available also.

9:00 - 10:30 Morning Workshop Opening - "What's In a Name" activity; GIC Framework; (Facilitators Christa & Nathalie) Local GIC members join

- 1) Each person shares their full name, how their cultural origins are reflected in the name, and how the name is meaningful to them.
- 2) Debrief and Discussion of Intercultural Origins. What themes came up during their small group sharing? Consider how names can point to our intercultural origins.
- 3) Presentation of GIC -- Our Mission, Framework and Process. Global-in-circle.org
 - a) *Our Mission -- We gather to share our intercultural journeys to advance our well-being and creative expression and to support each other in facilitating intercultural engagement across generations in our families and communities.*
 - b) *Our framework defines global as both a local and international phenomena. Many people in our local communities have deep international connections. Global interchange is not new, but it is complicated by how compressed and accelerated our interactions are in modern times. If we want our interactions to go well, they are likely to require more time and determination, as well as new awareness, communication and behavioral skills. (To read more click: [Global Interchange — Not new just really intense these days.](#))*
 - c) *Our Process. Through our efforts to come together, reflect about and share our intercultural journeys, the members of the Global Intercultural Circle (GIC) have been engaged in a [consciousness raising process.](#)*

Break. 10:30 - 11:00

11:00 - 12:30 Experience of a Circle Pedagogy Workshop (Christa & Nathalie)

UNESCO Story Circle - Practicing Listening for Understanding. This session draws upon the UNESCO Manual for Developing Intercultural Competence Story Circles by Darla Deardorff.

Our Journey Together -- Our Purpose (15"); Introduction to Story Circles (15")

Story Circles in Small Groups (45"); Whole Group Debrief (10"); Action Plan (5")

Our Purpose...Activity - "Think of Someone...."

-- You know personally or who is know to you whom you feel does a really good

job of connecting with other who are different from them.

-- Write a word or phrase that describes this person and what it is about that person that makes them so successful in connecting with others.

-- Share your words in small groups of three, post them, group them and see what common themes emerge. Be prepared to share with the full group.

Develop the attitudes, knowledge and skills.

-- Respect – Valuing other culture -- Openness – withholding judgment

-- Curiosity and discovery -- Increased cultural self awareness

-- Listening for understanding -- Developing empathy

-- Engaging in critical reflection-- Cultural humility

To -- Be able to able to effectively engage with culturally different people.

Introduction to Story Circles

Ancient tradition of Story Circles across many cultures.

Used over time for support, community-building, conflict resolution, celebration.

UNESCO Commissioned -- Manual for Developing Intercultural Competencies

Request for simple practice that could be used by anyone, anywhere

Story circle applied to intentionally developing intercultural competencies.

With particular attention to

Every person has a personal experience to share

We all have something to learn from others

Listening for understanding can be transformational.

Additional guidelines – Agreements

Maintain confidentiality; Be yourself; Speak from your experience only

Be genuine and authentic; Uphold positive intent; Be comfortable in your own style.

Keep the sharing simple, clear, focused, limited to the designated time limit

Do not interrupt when others are talking; Do not comment or ask questions

Story Circle Instructions

- Sit in a circle with 4-6 people.

- Share your birth dates to determine who goes first.

- Have the person to the right of who is sharing be the timekeeper

- Agree on a nonverbal signal to indicate the end of one's time.

There will be two rounds of sharing, a flashback and a discussion.

Round One Prompt: In two minutes or less, briefly introduce yourself by

Telling your name and three words or phrases that describe your background and why those words/phrases are important to you.

Please remember there are no interruptions, comments or questions.

Round Two Prompt: In three minutes or less.

- What is a memorable experience you have had with a person(s) who is different from you (age, race, religion, gender, socio-economic, culture, nationality, etc) and what did you learn about yourself and/or the other person in that experience?

Flashback: Once all stories are shared, then engage in the “flashback”. Go back to the first story and each person (other than the storyteller) shares a specific memorable part of the other’s story (in 15 seconds or less). Then go on to the second story, and so on, until flashbacks have been shared for all the stories told.

Discussion: Once the “flashbacks” have been shared, together discuss some of the following questions in the remaining time:

- What common themes did you hear from the stories?
- What surprised you?
- What challenged you in the stories you heard?
- What did you learn about yourself through this experience?

Be prepared to share with the full group, without speaking specifically about any one person’s story. Honor confidentiality.

Whole Group Debrief.

- 1) What is memorable to you about what you heard? What surprised you?
- 2) What challenged you in the stories you heard?
- 3) What did you learn about yourself through this experience.
- 4) What common themes did you hear from the stories?
- 5) What do you want to explore further after hearing these stories?
- 6) How has this experience helped you practice listening for understanding?

Participant’s Action Plan - Handout.

Take a few moments for quiet reflection, review the handout, write down a few thoughts and then be prepared to share with a partner:

1. I used to think Now I think...?
2. Two or three intercultural elements that you would like to focus on for yourself.
3. What you will do to further enhance, develop and practice these intercultural elements.
4. How you will continue to engage specifically in a positive manner with those who are different from you.
5. What else will you do to further intercultural competencies?

12:30 -2:00 Journey to Kingston for Lunch: J’aime les crepes -Sweet and savory crepes!

10 minute drive. Eat in the gazebo across the street, looking over the harbor and Kingston ferry.

3:00-4:45 Screening of “Honor Thy Mother” followed by Q & A with Gina Corpuz (Honorarium \$250) - This film features Indipino culture on Bainbridge Island. Indipino refers to the culturally blended families of Filipino fathers and First Nations Squamish women. We have invited Gina to join us for the viewing and for dinner afterwards. Gina produced the film and was present for all interviews.

5:00-6:00 Indian Fry Bread Cooking with Shelley Price -honorarium for her time (\$70.00) making fry bread with her husband John

6:00 Dinner - Indian Fry bread tacos (\$175 covers all ingredients and preparation). Gina and Alex, and my husband, David will join us. Ellin and Martha and my dear friend and supporter, Susie Rennels will join us, too. It is Shelly’s birthday, so she will scoot out for a family celebration.

Day 2: Travel Tuesday August 15 Preparations - Olympic Peninsula

7:00 - 8:00 Morning Spiritual Practices -- Morning Tea & Mind-Body Check Meditation

- *A smaller bag that you can bring for our travels to Sequim and Neah Bay that can carry clothing changes for two days and your toiletry kit.*

8:00 - 9:00 Morning Meal Avocado Toast, tomato, berries, Coffee & Tea

9:30-11:45 Visit of Heronswood Garden, owned by Port Gamble S'klallam (15 min. drive)

- Docent tour of Garden by Assistant Director, Riz Rays

12:00 - 1:00 Lunch at The Point Casino: Kloomachin (Orca) Kitchen 5 Min. drive

1:00 - 3:00 Visit S'klallam Tribe at Gamble Bay (5 min. drive)

- A member of the Port Gamble S'klallam tribe cultural department will give us a tour of their campus including the Long house, Medical clinic, Library, Beach, Education Facility.

3:00 Drive to Sequim Bay, Jamestown Tribal center

3:45 Vist Tribal Art Gallery and Gift Shop at Jamestown S'klallam Tribal Center

4:45 Depart for Sequim

5:00. Leisure and settle at Adele’s cabin 434 Rivers End Road, Sequim

Christa, Mary-Ellen, Carol, Nathalie and Adele will stay here overnight
Suggest not showering here, due to shared bathroom.



6:00 arrive at Mike and Mary Jane Blanton's home for Seafood Dinner

Judy and Katharine will stay overnight with Blantons

Return to cabin

Day 3 Wednesday August 16- Travel to Neah Bay

7:00 - 8:00 Early Morning walk to Dungeness river & Beach

8:00 - 8:40 Breakfast, Yogurt & Granola, stop for coffee/tea at stand on way out of town

8:40 - 11 2 hour 20 min. drive Travel to Neah Bay,

11:00-1:00 Visit Makkah Cultural & Research Center Museum 360-645-2711

1880 Bayview Ave, Neah Bay, 98357 Admission \$8/10, not NARM

Docent tour : contact Teresa Parker 360-640-0041 cell

Tour at 11:30 with June Williams, Interpretive Specialist- \$70.00,

1880 Bayview Ave., Neah Bay, WA 98357 360-645-2711 Open 10-5 Daily \$10/8

Get Permit for parking at Cape Flattery

1:00-2 Lunch at Calvins Crab House at Neah Bay

160 Bay View Ave, Neah Bay Or Bigginz food truck-burgers, fish & Chips

Buy Seafood for dinner: Take Home Fish Company, 881 Woodland Ave

Or go to the dock to see what the fishermen have caught

Buy Vegetables, supplies for dinner, Washburn General Store 1450 Bayview

3:00 Travel to Cape Flattery (10 min drive) and Walk along Boardwalk

Walk 1.5 RT trail to viewing sites of ocean and cliffs, Tatoosh Island. NW most point of contiguous US! We need a Makah recreation pass to park at trail head

4:30 Drive to Hobuck Beach - on the Pacific Ocean.

Check into Cabins [Three reserved that would accommodate comfortably 6 people, Top bunkbeds available for 3 more] There are kitchens in the Cabins.

- 5:00 - 7:00** **Dinner at the Cabins.**
Cook our own dinner (bring condiments from Adele's)
- 7:00 - 9:00** **Evening Workshop / Highlights on Visits to S'klallam and Makah**
(Discussion Leader - Katherine)
- 9:00-9:15** **Evening Song**

Day 4 Thursday August 17

- 8:00** **Breakfast yogurt, blueberries and granola,**
- 8:30 -9:30** **Walk on Hobuck Beach**
Coffee/tea en route from Native Grounds Espresso 510 3rd Ave, Neah Bay
- 9:45 - 11:45** **Travel to Port Angeles**
- 11:45** **Lunch at Elwah River Casino, 631 Stratton Road, Port Angeles**
- 1:30** **Travel to Adele's on Miller Bay (1-½ hour drive)**
- 3:00** **Resettle, stretch**
- 3:30-5:30** **Afternoon Workshop (facilitators: Adele & Christa)**
Unpacking our Visits and connecting reading materials to our visits
- 6:30** **Dinner- Restaurants Options in Kingston**
Dine in at Los Tres Compadres Mexican in Kingston or
Take out: Grub Hut, Burgers, Sandwiches, Salads or
Ono Poke - Hawaiian Fish

Day 5 Friday August 18

- 7:00** **Morning Tea and Yoga**
- 8:00** **Breakfast : Sausage Patties or morning star and muffins, fruit, Tea & Coffee**
- 9:30 - 12:00** **Morning Art Workshop (Facilitated by Mary Ellen)**

12:30 - 1:30 Lunch

2 - 4:00 Reading of an Intercultural Play about Native Americans

- For this session, participants will be invited to take a role or two in a play that they will read together. Following the reading, the Facilitator will guide the group in reflecting about their experience of reading these roles and what they learned through the experience.

- **The Council by William S Yellow Robe from where the pavement ends: five Native American plays**

6:00 Marilyn to join us for Dinner / Shabbat Judy and Marilyn lead cooks

Marilyn brings Challah and wine for blessing, Judy has candles

Molly Hockenburg's roast chicken

Kugel and Asparagus and cheese cake

My daughter, Lia and her children, Fisher, Boone and Blakely will join us, a four generation family dinner!

Day 6 Saturday, August 19

7:00 Morning Tea followed by Yoga

8:00 - 9:00 Morning Meal- Avocado Toast, fruit, Coffee & Tea

9:00 - 11:00 Workshop - Our Intercultural Journeys and Environmental Protection (facilitated by Katharine)

Environmental conservation has been a preoccupation of people since the dawn of humanity even as man has invented many practices that “master” or destroy nature for legitimate survival needs and other desires. This workshop is an invitation to examine our own individual relationship to the natural environment and to consider how we might learn from others and contribute to others to support environmental conservation.

A source of ideas for this workshop is a book by Marianne E. Krasny, *In this Together: Connecting with Your Community to Combat the Climate Crisis*. Her thesis is, based on social contagion theory, that we can have an influential impact by the examples of behavior we set in the presence of our family, with our friends, and beyond if we choose

Part I Formative Experience in Nature - Discussion in Dyads or Triads and Full Group Debriefing (60 minutes)

To lay a foundation for how each of us might like to connect our intercultural journey to our personal relationships to the environment, we will explore childhood and adult experiences that shaped our perceptions about the connection we have to our natural environment. Each person

will have ten minutes to describe childhood, growing up, or adult experiences that have been impactful in shaping what they appreciate in the environment. The listener may not interrupt. After the first person has spoken, the listener will reflect back on the key points and emotions which they heard. Only after reflecting back, can the listener ask questions. (40 or 45 minutes)

Prompts

1. What memories do you have from your childhood of being outdoors, exploring nature, camping or other formative experiences?
2. Was there an awareness of conservation in your family as you grew up? If so, how did it manifest itself?
3. As an adult what do you especially enjoy in the outdoors?
4. Have you had experiences in nature that were frightening or dangerous? Do you have anxieties and worries about the natural world?

Group Debrief (15 minutes)

We will share round robin style with each person briefly describing a meaningful take away from the conversations in the dyads/triads.

(10 Minute Break)

Part 2 Community and Self in Protecting our Environment (50 minutes)

Let's also take a few minutes to reflect on what we have learned from our Washington companions and informants about their relationship to the environment and environmental practice. What individual and community practices can we identify? Are there practices that we might admire?

Katharine will do a brief presentation giving some examples of the individual practices reported in the book by Krasny. She will also review some of the grassroots community activity reported on at one of our meetings which only a few of us were able to attend. Based on these ideas, let's talk about community and individual efforts to protect our environment.

Prompts:

1. What community efforts do you observe in your hometown that are working to protect the environment, create sustainable good living practices, or raise environmental awareness?
2. What individual effort are you and your family undertaking or might you like to undertake?

3. With the reflections we have shared in this workshop, how do you perceive the relationship between your intercultural journey and your stewardship of the environment.?

(Elder Walk 11:30am)

12 - 4:00 Chief Seattle Days: Annual Tribal Celebration

Salmon Bake sponsored by Suquamish Tribe, House of Awakened Culture \$20 cash

Craft and food Booths

Canoe Races

Coastal Sharing of Songs and Dances, guest tribes (bring chairs)

4:00 - 5:00 Free time

**5:30 - 7:00 Dinner at Kingston Ale House,
11225 NE State Highway 104, Kingston 360-881-0412 need reservations
or Argensol (Argentinian) 25923 Washington Blvd, Kingston**

7:00 - 9:00 Evening Session -- Intercultural Round-Up -- Closing Ritual

- What is the transformative potential of global intercultural relationships or experiences based on what this retreat has entailed and how it has affected us?
- Our Commitments to Ourselves, each other and our communities [Lead – Christa]
- Closing Words to carry with us.
- Closing Song [Adele]

Day 7 - Travel Day Sunday, August 20th

Departures Travel Plans

On Sunday, I will need help with clean up. The sheets on the double bed in the small bedroom can be washed in the boat house laundry. All other sheets and bedding should be stripped and the airbed deflated. David will load up stuff to bring to the main house. A vacuum and spruce would be helpful, as the family is returning in the afternoon. There is a red bag in the bunk room, and a big bag for the bed.