

June 2022 Global Intercultural Circle Retreat

Sunday June 12 - Friday June 17, 2022

Location: Greater Newark, New Jersey

The Transformative Potential of Global Intercultural Relationships

Global Intercultural Dynamics. Every region of the U.S has historical cultural influences and more recent cultural influences that contribute to the intercultural dynamics in that region. We will explore some of the unique historical and contemporary forces which shape the communities of Northern New Jersey including Jersey City/Bayonne, the Oranges, Newark, the Jersey shore. We hope with this retreat to help ground us in these places. The cultural spaces and activities we hope to learn more about include: Ellis Island; Immigration advocacy; Newark Art Museum; Ironbound Area of Newark.

Suggestions In Preparation for the Retreat.

- Readings: Selection of readings connected to the cultural explorations we anticipate:
 - [American Immigration A Very Short Introduction](#) by David A. Gerber
 - [A Wary Welcome The History of US Attitudes Toward Immigration](#) by J. Hoyt
 - [Ellis Island a People's History](#) by Malgorzata Szejnert.
 - Videos created by students in Immigration course.
- Update your Global Intercultural Narrative and select a passage which conveys an intercultural relationship or experience which has had a significant impact upon you. (See below) Be prepared to share this experience with the full group.
- Bring 7 copies of any intercultural music that you would like to add to the song-book
- Locate copies of recipe(s) for the meal(s) you have taken the lead in cooking for the group. Katherine has offered to "publish" these for us.

Personal Items to be sure to pack.

- Bring a meaningful item that symbolizes your intention for intercultural growth to add to the centerpiece for our evening circle gatherings.
- Bring along your songbook, music, journal, art pad for expressing yourself including one sheet of unlined paper and pen, pencil, marker, or any drawing instrument of choice.
- Bring swimming suit, walking/hiking shoes
- Critical medicines, insurance information, medical professional contact information.
- Yoga mat

Arrival into Newark airport -- Optimal Flight Arrival time is prior to 3 pm.

Nathalie's Address: 48 Cottage St., South Orange, NJ

Les Saisons B & B: Elmwood Ave, Maplewood, NJ

Participants Contact Information

Dietary Restrictions / Allergies / Critical Medications or Medical Information.

Emergency Contacts:

New York City Pre- Retreat Plan

As we plan for our week-end exploration in New York City, be sure to remember to have your vaccination proof and masks with you. The App for using public transportation is Moovit <https://moovitapp.com/nycnj-121/poi/en>. Most of the Museums have timed entry. The Met has a reservation system.

Reservations at Belnard Hotel 209 W. 87th 212-873 -5222. To get there from Penn Station take the #1 Subway - Redline - to 79th street

Friday, June 10

Morning - Museum of Arts and Design which opens at 10: American Folk Art Museum which opens at 11:30 - Grab and go lunch in Central Park

Afternoon on Museum Mile -- Guggenhiem, Met, Nueu, Jewish, Cooper Hewitt, M of Barrio, You can walk across Central Park from our hotel and be close to the museums. It takes about a half hour to walk. Or you can take take M86 bus which starts at Broadway and 86th and leaves you at 84th and 5th Ave. Guggenhiem, Met, Nueu, Jewish, Cooper Hewitt, M of Barrio,

4:30 Meet in the lobby to walk to restaurants.

4:45 p.m. Dinner on 72 street

6:00 proceed to Subway to arrive at theater about 6:30 or shortly thereafter

7:00 Company - on 45h Street between Broadway and 8th Avenue

Saturday, June 11

Morning - Brooklyn Museum and Botanical Gardens or Lower Manhattan - perhaps Chinatown, Tribeca galleries, Museum of the Chinese in America

12:30 Dim Sum lunch.

3:00 Tenement Museum tour, Meet at 2:45 103 Orchard Street

6:00 Dinner at Mekserem, 124 Macdougall Street

8:00 Dreaming Zenzile, New York Theater Workshop, 79 East 4th Street

Sunday

Morning free for each of us to select one last activity in NYC

2:00 Convene at hotel to pick up luggage and make our way to New Jersey.

Day One: Sunday, June 12th - Travel & Opening

Theme: Concentric Circles of Immigration

3:00 -5:00 Check-in at B&B Les Saisons

EXACT amount of cash due for each member's room for the week at B&B

5:00 – 7:00 pm -- Opening Dinner at the Baileys 48 Cottage Street, South Orange, NJ

7:00 – 8:00 pm -- Opening Session at the Baileys

Our Spirit of Entry and Intention Setting for our Time Together [Leads - Christa & Adele]

- Our Mission: We gather to share our intercultural journeys, to advance our well-being and creative expression, and to support each other in facilitating intercultural *engagement across generations in our diverse families and communities.*
- Setting of Intention and Creating *our Space -- Altar*
 - Shall we be seated so we can see and hear each other.
 - Invitation to place an object in the middle to remind us we are setting our words in neutral space. Nobody has to pick them up; we can listen without agreeing.
- Song of Welcome (10 -15 minutes) Adele

8 - 9:00 Workshop Part 1: Our experience with Immigration [Lead Katherine & Nathalie]

This next chapter of our Global Intercultural Narratives is intended to draw people into a memory we want to share, converting our story to others' understanding. (Target 5 to 7 minutes of sharing)

- Do you have a moving memory about a relationship with an immigrant or someone you consider culturally different from you?
- Does it involve a micro moment?
- Does it exemplify Intercultural facts, values, or emotions?
- How do you think this experience impacted the other individual?

A prototype of such a story is Carol Jean's narrative about giving her Japanese 'daughter' a middle name. She wrote this in a memoir writing class. Think back to moving moments in your intercultural experience. Have you found that others have related well to them when you recounted them? Have you told these stories in a way that others could imagine themselves in them? Have you made your memory into a memory for someone else? Could you write down and read to our group a story especially selected for us to relate to?

Reminders of our agreements.

- The narrative belongs to the speaker and will not be shared without permission.
- We will practice listening to each other with curiosity rather than judgment
- We will take responsibility to ask for what we need and offer what we can;
- We will take pauses to breathe, recenter ourselves, call ourselves back to our intention
- Our intention is to bear witness to the stories of defining events in our lives that have been at the core of our "intercultural journey -- in all of our diversity.
- Our time together has a defined beginning, middle and end
- We know when we are in the heightened attentiveness of listening and when we are relaxing together.

Day 2 Monday, June 13 Immigration Center Circle: Ellis Island

7:00 am **Early Morning Spiritual Practices** - Yoga practice - Led by Carol

8:00 - 9:00 **Morning Meal at the B&B**

9:00 - 9:15 **Morning Song, with a few vocal warm-ups, 15 minutes** Led by Adele

9:15 **Leave from B&B for ferry from Liberty State Park to Ellis Island**

10:00 **Arrive at Liberty State Park - Security Check in.**
Take the Ferry to Ellis Island (10:15-11:00).
Tour Historic Ellis Island Museum (11 - 1:00)
Picnic Lunch at Ellis Island (1 - 2:00)
Tour Modern Wing - Check out Ancestry (2 - 4:00)
View the Statue of Liberty from the boat (4:10-4:45)

5:30. **Travel from Liberty State Park into Bayonne**

6:00 - 8:30 **Workshop 2 Learning about Immigration [Donna and Christa]**

Workshop Preparations.

- Donna will order a family style Italian meal from San Vitro Italian restaurant in Bayonne and have it delivered. She will keep the receipt and share it with us. She is inviting 2-4 guests to join us for dinner / workshop. In preparation for the session, we recommend reading part of the book *America Immigration a very short introduction* by Gerber so we all have a common reference.

Workshop Format.

- As we arrive, we envision casual introductions and gathering food to hold in our laps.
- Opening Prompt - Please share your full name and three words or phrases that describe your background and why those words / phrases are important to you. (6-6:45)
- Small Groups of 4-6 -- Story of immigration - Each person will share an experience with immigration and how it affected them (3 minutes). Others will listen without interruption and then share briefly back what resonated for them (30 seconds) [6:45-7:30]
- Full group Viewing of 2 or 3 short student final project videos [7:30-8:00]
- Full group round of sharing - Please comment on the role of race and racism throughout the history of immigration. [8:00-8:30]

8:30-9:00 **Travel back to Maplewood**

Day 3 Tuesday, June 14th - The Oranges

7:00 **Morning Tea followed by Virtual Mindfulness Exercise** Led by Carol

8:00 **Breakfast at B&B - Transport to Bailey's Home.**

9 - 10:30 **Part 2 - The Experience of Migration - Nathalie and Katharine**

- In this workshop we will explore meaningful experiences with individuals who have migrated from one place to another or our own migration experience. Maybe you have worked to help an immigrant settle into your community, encountered immigrants in your workplace or in a group to which you belong. Or maybe you have experienced migration yourself, moving from one place to another, living for an extended period of time in another country, or an experience of philosophical or psychological migration in your life.

- There are many significant dimensions of a migration experience, such as: leaving home behind; loss; reasons for the move; crossing borders/boundaries; confronting new experiences of language, food, religion, people; receiving help from others; loneliness; alienation; discrimination; barriers.

- We will divide ourselves into two groups of two and one group of three for a conversation. This will be an opportunity to practice active listening. Each person will take about 10 minutes to describe a meaningful migration experience. The listeners will reflect back what they heard by way of emotions from the speaker and what they heard about the meaning the speaker ascribes to this experience.

- We will reconvene as a group to share takeaways from this exercise – namely how these experiences can strengthen our intercultural awareness and what needs to happen in our communities to strengthen their intercultural response to migrants.

11-12 **Workshop with Molly Rodriguez,**

- Social worker who conducts interviews with immigrants seeking legal status in the USA.

12:30 - 2:00 **Lunch at Bailey's--Spring Rolls by Mary Kao**

2:00 - 4:00 Play Reading Workshop led by Adele Berg-Layton

Water by the Spoonful By Quiara Alegria Hudes

Play Reading Workshop led by Adele Berg-Layton

Global Intercultural Circle Retreat in South Orange, New Jersey, June 2022

Cast

Elliot Ortiz	Mary-Ellen Campbell
Yazmin Ortiz	Christa Olson
Haikumom	Judy Irwin
Fountainhead/John	Nathalie Bailey
Chutes&Ladders/Wilkie	Carol Grant
Orangutan/Madeleine	Katharine Krebs
A Ghost/ Professor/ Police	
Stage directions	Adele Berg-Layton

Clarifications:

- Elliot, birth son to Odessa was raised by Eugenia "Ginnie" and her husband Pop. They also raised, Yaz , their child by birth.
- Yaz was married to William, a blonde white man, and is getting a divorce.
- The Ortiz's are Puerto Rican. Odessa and Eugenia are immigrants.
- John is a white male, living in Philadelphia, a computer programmer and entrepreneur
- Wilkie is a black male living in San Diego, works for the IRS
- Madeleine/Yoshiko is a Japanese woman, adopted at birth and raised in the USA by white parents

Questions for discussion:

1. What are the main themes that surface in this play?
2. How does this play deal with issues of race?
3. How does this play deal with issues of immigration?
4. How did stepping into one character and reading the play together affect your perception of the story?

**4:00 - 5:30. Afternoon Workshop with a colleague from Wind of the Spirit
Immigration advocacy organization of Morristown, NJ (Confirmed)**

6:00 - 6:30 Walk around the Lake in West Orange

**7:00 - 8:00 Dinner at McLoon's Boathouse <https://www.mcloonesboathouse.com>
9 Cherry Lane, West Orange, NJ 07052 862-252-7108**

8:00 - 10 Evening Dancing and Singing with Mary Ellen and Adele

Day 4 Wednesday, June 15 Outing to Sandy Hook, New Jersey Shore beach

- 7:00 Early Morning Tea followed by - Yoga / Mind-Body Connection - Led by Carol
- 8 - 9:00 Morning Meal
- 9:00- 9:15 Morning Song - Led by Adele - (Latino Music)
- 9:30 - 12 **Art Workshop - Theme - Visual symbol(s) for home**
 - Led by Mary Ellen with supplies from Jotham.
 - Make a list of symbols you associate with your home. These can be visual and verbal symbols.
- 12-1 **Lunch-- At the Bailey's**
- 1:00 - 2:30 Car Travel to Sandy Hook State Park
- 2:30 - 6 Explore buildings and beach
- 6-7 **Dinner--Moby's Lobster Deck at Sandy Hook** (*next door to Bahrs Landing*)
2 South Bay Avenue, Highlands/Sandy Hook, NJ 732-872-1245
<https://www.mobyslobsterdeck.com>
- 7-8:30 Travel back to Maplewood
- 9 - 9:15. Evening closing song: Adele

Day 5 Thursday, June 16 - Art Culture in Newark

- 7:00 Early Morning Tea followed by Yoga / Mind-Body Connection
- 8:00 - 9:00 Morning Meal at the B&B
- 9:00 - 9:30 Morning Song: Adele
- 9:30 - 10:30 Free Time
- 10:30- 11:00 Travel to Newark
- 11-12:30 Walking Tour-Rutgers Univ art / Haynes Building / Military Park

- 12:30- 1:30** **Lunch--Green Chicpea** (Israeli Deli) **in Newark**
 59 Halsey Street, Newark, New Jersey 07102 862-240-1500
<https://www.greenchicpea.com>
- 1:45- 4:00** **Newark Museum**
- 4:00 - 5:00** **Drive to the Ironbound and walk around**
- 5:00 - 6:30** **Dinner--Portugalia Restaurant** (in Newark Ironbound area)
 280-½ Ferry Street, Newark, N.J.
- 7:00** **Clemente Jazz Place**
- 9:30 -10:00** **Travel back to Maplewood B&B**

Day 6 Friday, June 17 - Art as a Vehicle for Social Change

- 8:00 - 9:00** **Morning Meal**
- 9:00 - 9:45** **Check Out of B&B**
- 10:00 - 11:30** **Closing at Nathalies**
- Insights from our Time Together. Each retreat participant will share a highlight.
 - Insights about our Cumulative Experience
 - Our Commitments to Ourselves, each other and our communities [Lead – Christa]
 - Closing Words to carry with us & Closing Song [Adele]
- 11:30 - 1:00** **Drive to Trenton / Hamilton**
- 1:00 - 2:00** **Lunch —Van Gogh Café—**Grounds for Sculpture, Hamilton
NOTE: Tickets Purchased for 1:00 Access.
<https://www.groundsfor Sculpture.org/timed-admission-tickets/>
- 2:00 - 5:00** **Visit [Grounds for Sculpture](#) - in Hamilton New Jersey**
- 5 - 6:30** **Dinner at Rats at the Grounds for Sculpture.**
- 7:00 - 8:30** **Sunset and After Dinner Drinks on the Olson Terrace**

Saturday, June 18th Optional Post Session Recreation