

## GIC Sample Sessions 2-4

(1:00-1:15) Opening

- 1) Creating the Circle through movement
- 2) Opening Word from each Participant & Introduction of new members: What's in a Name?

(1:15-2:00) Sharing a Meal and Our Intercultural Journey: Who are we as Intercultural People?

- 1) Introduction to the food and it's special meaning
- 2) Sharing of Ourselves and our "Courageous Curiosity"

[The facilitator can select from the following prompt questions for each session depending upon how frequently and for what length of time the group has elected to come together.]

- a) People on your journey - If you were to assemble/write a list of the most important people on your intercultural journey, who would be on your list? Where did you meet them? How did they impact you? Where are they living now?
- b) What is the one, two or more cultures other than your culture of origin that you feel you know or understand well? Who helped you gain that knowledge or understanding? How did they help you? [How have you shared your knowledge or understanding with others? What have you always wanted to try, but haven't yet had the opportunity?]
- c) What other culture have you always been interested in learning more about? Why?
- d) What intercultural challenge have you recently experienced and/or what intercultural opportunity do you anticipate over the next month?

(2:00) Transition – Song/Chant – Movement from the table to another space

(2:00-2:55) Vision Work

- 1) Our Time Together.
  - a. Host(s) for next gatherings gathering
  - b. Session topics going forward for our gatherings.
  - c. Circle support between gatherings: e-mails, facebook, google hangouts
  - d. A special gathering in the New Year that includes families?
- 2) Longer Term Vision Work
  - a. What might we create together that facilitates intercultural learning within and between families in our communities? Within 2 years? Within 10 years?

(2:55-3:00) Closing Circle Ritual